Paphiopedilum
Paff-ee-oh-PED-ih-lum

Paphiopedilums, the lady's-slipper orchids, originate in the jungles of the Far East including Indonesia. They are semiterrestrial, growing in humus and other material on the forest floor, on cliffs in pockets of humus and occasionally, in trees. They are easy to grow in the home in windows, under lights, or in the greenhouse.

LIGHT is easier to provide for paphiopedilums than many other types of orchids. In the home, they require shady conditions in an east or west window, or near a shaded south window. In the greenhouse, shade must be provided. Give about 1,000 to 1,500 foot-candles. Under lights, suspend two or four fluorescent lighting 6 to 12 inches above the leaves, or use the equivalent in LED lighting.

TEMPERATURES for paphiopedilums span a considerable range. Paphiopedilums are traditionally separated into two groups: the warm-growing mottled-leaved types and the cool-growing green-leaved types. A third, increasingly popular group is the warmer-growing strap-leaved multi-floral paphiopedilums. Warm-growing types should be kept at 60 to 65 F during the night and 75 to 85 F during the day. Cool-growing types should be kept at 50 to 60 F during the nights and 75 to 80 F during the day. However, many growers raise all plants in the same temperature range with excellent results. The plants can stand night temperatures in the 40s (as when grown outside in mild climates), as well as temperatures to 95 F. Care must be taken to protect the plants from rot when cold; keep humidity low and avoid moisture on leaves or in the crown of the plant. In addition, protect from burning when hot; shade more heavily and increase humidity and air movement around plants.

WATER must be available at the roots constantly because all plants in this genus have no pseudobulbs. All of these plants need a moist medium—never soggy, but never dry. Water once or twice a week.

HUMIDITY for paphiopedilums should be moderate, between 40 and 50 percent. This can be maintained in the home by setting the plants on trays of gravel partially filled with water so that the plants never sit in water. In a greenhouse, average humidity is sufficient. Using an evaporative cooling system in warm climates can increase the humidity. Air movement is essential, especially when humidity is high.

FERTILIZE on a regular schedule, but care must be taken to avoid burning of the fleshy, hairy roots. High-nitrogen fertilizers, such as 30-10-10, are recommended when potted in any fir-bark mix. In warm weather, some growers use half-strength applications every two weeks; others use one-quarter strength at every watering. It's important to flush with clear water monthly to leach excess fertilizer, which can burn roots. In cool weather, fertilizer applications once a month are sufficient.

POTTING should be done about every two years, or as the medium decomposes. Seedlings and smaller plants are often repotted annually. Do not overpot; pot size should allow for two year's growth. Mixes vary tremendously. Most contain fine or medium-grade fir bark and additives such as perlite (sponge rock), coarse sand and sphagnum moss. Moisture retention with excellent drainage is needed. Large plants can be divided by pulling or cutting the fans of the leaves apart into clumps of three to five growths. Smaller divisions will grow, but may not flower at first. Spread the roots over a small amount of medium in the bottom of the pot and fill with medium, so that the junction of roots and stem is buried ½ inch deep in the center of the pot.

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